DICKSON COUNTY SCHOOLS SPECIAL EDUCATION

Visual schedules use a series of pictures to communicate a series of activities or the steps of a specific activity. They are often used to help children understand and manage the daily events in their lives. They can be created using pictures, photographs, or written words, depending upon the ability of the child. We hope you find these resources helpful.

http://www.victoriesnautism.com/

Guide for building sensory rich schedules for children: https://www.spdstar.org/node/1485

Calming Routine: https://afirm.fpg.unc.edu/sites/afirm.fpg.unc.edu/files/covid-resources/Prioritize%20Coping%20and%20Calming%20Skills-Calming%20Routine.pdf

Printable visual schedules for home: https://adayinourshoes.com/free-printable-visual-schedules-for-home-and-daily-routines/