

September 2022

HIGH BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 BEC BISCUIT CHICKEN BISCUIT SAUSAGE BISCUIT YOGURT PARFAIT PANCAKE PUP SYRUP CUP FRUIT JUICE OPTION FRESH_FRUIT LOWFAT MILK OPTION	2 BEC BISCUIT CHICKEN BISCUIT SAUSAGE BISCUIT YOGURT PARFAIT BAGEL CREAM CHEESE BREAKFAST MUFFINS FRUIT JUICE OPTION FRESH_FRUIT LOWFAT MILK OPTION
5 * LABOR DAY	6 * STAFF DEVPT DAY	7 BEC BISCUIT CHICKEN BISCUIT SAUSAGE BISCUIT YOGURT PARFAIT MUFFIN & YOGURT BREAKFAST JUICE FRESH_FRUIT LOWFAT MILK OPTION	8 BEC BISCUIT CHICKEN BISCUIT SAUSAGE BISCUIT YOGURT PARFAIT PANCAKE PUP SYRUP CUP FRUIT JUICE OPTION FRESH_FRUIT LOWFAT MILK OPTION	9 BEC BISCUIT CHICKEN BISCUIT SAUSAGE BISCUIT YOGURT PARFAIT BAGEL CREAM CHEESE BREAKFAST MUFFINS FRUIT JUICE OPTION FRESH_FRUIT LOWFAT MILK OPTION
12 BEC BISCUIT CHICKEN BISCUIT SAUSAGE BISCUIT YOGURT PARFAIT BAGEL CREAM CHEESE FRUIT JUICE OPTION FRESH_FRUIT LOWFAT MILK OPTION	13 BEC BISCUIT CHICKEN BISCUIT SAUSAGE BISCUIT YOGURT PARFAIT SEC TORNADO FRUIT JUICE OPTION FRESH_FRUIT LOWFAT MILK OPTION	14 BEC BISCUIT CHICKEN BISCUIT SAUSAGE BISCUIT YOGURT PARFAIT MUFFIN & YOGURT BREAKFAST JUICE FRESH_FRUIT LOWFAT MILK OPTION	15 BEC BISCUIT CHICKEN BISCUIT SAUSAGE BISCUIT YOGURT PARFAIT PANCAKE PUP SYRUP CUP FRUIT JUICE OPTION FRESH_FRUIT LOWFAT MILK OPTION	16 BEC BISCUIT CHICKEN BISCUIT SAUSAGE BISCUIT YOGURT PARFAIT BAGEL CREAM CHEESE BREAKFAST MUFFINS FRUIT JUICE OPTION FRESH_FRUIT LOWFAT MILK OPTION
19 BEC BISCUIT CHICKEN BISCUIT SAUSAGE BISCUIT YOGURT PARFAIT BAGEL CREAM CHEESE FRUIT JUICE OPTION FRESH_FRUIT LOWFAT MILK OPTION	20 BEC BISCUIT CHICKEN BISCUIT SAUSAGE BISCUIT YOGURT PARFAIT SEC TORNADO FRUIT JUICE OPTION FRESH_FRUIT LOWFAT MILK OPTION	21 BEC BISCUIT CHICKEN BISCUIT SAUSAGE BISCUIT YOGURT PARFAIT MUFFIN & YOGURT BREAKFAST JUICE FRESH_FRUIT LOWFAT MILK OPTION	22 BEC BISCUIT CHICKEN BISCUIT SAUSAGE BISCUIT YOGURT PARFAIT PANCAKE PUP SYRUP CUP FRUIT JUICE OPTION FRESH_FRUIT LOWFAT MILK OPTION	23 BEC BISCUIT CHICKEN BISCUIT SAUSAGE BISCUIT YOGURT PARFAIT BAGEL CREAM CHEESE BREAKFAST MUFFINS FRUIT JUICE OPTION FRESH_FRUIT LOWFAT MILK OPTION
26 BEC BISCUIT CHICKEN BISCUIT SAUSAGE BISCUIT YOGURT PARFAIT BAGEL CREAM CHEESE FRUIT JUICE OPTION FRESH_FRUIT LOWFAT MILK OPTION	27 BEC BISCUIT CHICKEN BISCUIT SAUSAGE BISCUIT YOGURT PARFAIT SEC TORNADO FRUIT JUICE OPTION FRESH_FRUIT LOWFAT MILK OPTION	28 BEC BISCUIT CHICKEN BISCUIT SAUSAGE BISCUIT YOGURT PARFAIT MUFFIN & YOGURT BREAKFAST JUICE FRESH_FRUIT LOWFAT MILK OPTION	29 BEC BISCUIT CHICKEN BISCUIT SAUSAGE BISCUIT YOGURT PARFAIT PANCAKE PUP SYRUP CUP FRUIT JUICE OPTION FRESH_FRUIT LOWFAT MILK OPTION	30 BEC BISCUIT CHICKEN BISCUIT SAUSAGE BISCUIT YOGURT PARFAIT BAGEL CREAM CHEESE BREAKFAST MUFFINS FRUIT JUICE OPTION FRESH_FRUIT LOWFAT MILK OPTION

School News

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Removing the Hunger Barrier

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